

	Autumn	Spring	Summer
Phase 1 1 Year Rolling Plan	Families and people who care for us? Do all families look the same? Caring Friendships Which Mr Man would you choose to be your friend?	Online relationships and being safe Who is a trusted adult?	Respectful relations What if we were all the same? Mental well being What colour is happiness?
	Autumn	Spring	Summer
Phase 2 2 Year Rolling Plan Year A 2024 - 2025 Year A 2026 - 2027	Respectful relations How do our actions effect others? Mental well being Does everyone feel the same emotions?	Basic first aid How do you respond in an emergency? Caring friendships What is a healthy friendship?	Being safe Should you always keep a secret? Online relationships Why are there age limits on films and games?
Phase 2 2 Year Rolling Plan Year B 2025 - 2026 Year B 2027 - 2028	Basic first aid Why should we dial 999? Caring relationships What does it mean to be sad?	Mental well being What colour are you today?	Healthy eating health and prevention How many ways can we keep ourselves safe?
	Autumn	Spring	Summer
Phase 3 3 Year Rolling Plan Year A 2024 - 2025	Families and people who care for us What does marriage mean to different people? Respectful relations Is blue for a boy?	Physical health and fitness Is being strong the same as being healthy? Caring friendships Can you invent the perfect friend?	Drugs, alcohol and tobacco Are all role models positive? Being safe What should I do to feel safe?
Phase 3 3 Year Rolling Plan Year B 2025 - 2026	Health and prevention What keeps us healthy? Respectful relations Should we always stand up for what we believe?	Health and prevention How can we protect ourselves? Caring friendships Will we always have the same friends?	Online relationships Why do people behave differently online? Mental well being Is grief a negative emotion?
Phase 3 3 Year Rolling Plan Year C 2026 - 2027	Families and people who care for us What makes a family? How can we influence people’s happiness? Mental well being	Mental well being How can I make a difference? Caring friendships Why do we make friendships?	Online relationships and respectful relations Why should you be respected?
Years 5 Annually			Puberty What happens to humans as they get older?
Year 6 Annually			SRE & Puberty What happens to humans as they get older?